

FIESTA PET DELI



As We See It... Balancing your Pets Diet important

Pet food companies, veterinarians along with their staffs, and major retailers of pet foods all recite the talking points of the marketers of pet foods that “pets have complicated digestive systems” and that we must feed their food to properly insure a healthy pet.

There is truth in the fact that all higher forms of animals, including us humans, have specialized and complex bodies that are dependent on proper nutrition to function at their peak. Biologically appropriate diets are essential.

What is a biologically appropriate diet?

The body of the animal gives us a map of the basics to classify animals using their teeth, digestive enzymes, structure of the stomach and intestine, as well as other characteristics. For instance, cows have flat, grinding teeth with a long intestine and a four chambered stomach that is designed for grazing and digesting grass and other plants and are classified as herbivores. Humans, have those same grinding teeth to handle those fruits and vegetables that we would get as “gatherers”. We also have tearing teeth, a simpler stomach, and additional enzymes

to handle the meat and fish that our body needs.

Now our dogs, cats, and even ferrets are missing those grinding teeth and the digestive enzymes that cows and humans have to digest things like grass and grains. Their mouth has only those tearing and crushing teeth and a very short intestine for eating meat.

Now, why do we feed our dogs and cats dry kibble made with ingredients not even found in nature? Of course, why do we eat those pre-made, flavorless, fast food meals? In our case, we at least have a choice and usually add a few “real” food meals to the mix.

Actually, adding these “real” food meals is done because our body tells us to! This action is caused by cravings. You see, our body, as long as it isn't compromised by drugs, chemicals, or toxins, tells us what we need, as long as we listen. We crave fruits and fresh veggies when we need hydration, proteins when we need physical strength and even spicy foods when we need to cleanse.

Our pets do the same thing. In nature, they hunt based on these craving. They eat a variety of different foods! The

foods vary in nutrient content from season to season as well as availability. Our pets needs also vary based on activity, stress, life stage, and thousands of other factors.

Again, I ask “how can a pet food company or veterinarian believe that they know what your pet needs on any given day” and “how can they advise us to feed the same unnatural food for months and even years at a time”? And based on these recommendations we have watched our pets needing more and more expensive health care.

You must read our upcoming installment on Monday, January 26th to learn the answers to these questions and more... and that the way we see it,

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